

## March 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b>	<b>2</b> 6pm- Kangoo Jump 7pm- Strong by Zumba 8pm- Extreme Hip Hop Step	<b>3</b> 6pm- Cardio Blast 7pm- Shred & Burn 8pm- No Class	<b>4</b> 6pm- Butts & Guts 7pm- Cardio Kickboxing 8pm- Cranked Up Cardio	<b>5</b> 6pm- Body Works Boot Camp 7pm—Mixxedfit 8pm- Reggae Tone	<b>6</b> 7pm- Line Dancing	<b>7</b> 8:30am- Rise & Grind Boot Camp 9:30am- Zumba 10:30am- Cardio Abs
<b>8</b>	<b>9</b> 6pm- Kangoo Jump 7pm- Strong by Zumba 8pm- Extreme Hip Hop Step	<b>10</b> 6pm- Cardio Blast 7pm- Shred & Burn 8pm- No Class	<b>11</b> 6pm- Butts & Guts 7pm- Cardio Kickboxing 8pm- Cranked Up Cardio	<b>12</b> 6pm- Body Works Boot Camp 7pm—Mixxedfit 8pm- Reggae Tone	<b>13</b> <b>No classes</b>	<b>14</b> 8:30am- Rise & Grind Boot Camp 9:30am- Zumba 10:30am- Cardio Abs
<b>15</b>	<b>16</b> 6pm- Kangoo Jump 7pm- Strong by Zumba 8pm- Extreme Hip Hop Step	<b>17</b> 6pm- Cardio Blast 7pm- Shred & Burn 7pm: Meditation (Meditation Room) 8pm- No Class	<b>18</b> 6pm- Butts & Guts 7pm- Cardio Kickboxing 8pm- Cranked Up Cardio	<b>19</b> 6pm- Body Works Boot Camp 7pm—Mixxedfit 8pm- Reggae Tone	<b>20</b> 7pm- Line Dancing	<b>21</b> 8:30am- Rise & Grind Boot Camp 9:30am- Zumba 10:30am- Cardio Abs
<b>22</b>	<b>23</b> 6pm- Kangoo Jump 7pm- Strong by Zumba 8pm- Extreme Hip Hop Step	<b>24</b> 6pm- Cardio Blast 7pm- Shred & Burn 8pm- AMPD strength demo	<b>25</b> 6pm- Butts & Guts 7pm- Cardio Kickboxing 8pm- Cranked Up Cardio	<b>26</b> 6pm- Body Works Boot Camp 7pm—Mixxedfit 8pm- Reggae Tone	<b>27</b> <b>No classes</b>	<b>28</b> 8:30am- Rise & Grind Boot Camp 9:30am- Zumba 10:30am- Cardio Abs
<b>29</b>	<b>30</b> 6pm- Kangoo Jump 7pm- Strong by Zumba 8pm- Extreme Hip Hop Step	<b>31</b> 6pm- Cardio Blast 7pm- Shred & Burn 8pm- No Class	<b>1321A Bedford Avenue Pikesville, md 21209 (410)-602-UFIT(8348)</b>			