

Reinvent U Boot Camps

1321A Bedford Avenue

Pikesville, MD 21208

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www.reinventubootcamps.com

January 2017

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1	2 5:45pm- Yoga 6:30pm-Body Works Boot Camp 7:30pm- Kangoo Jump Dance FREE WEEK	3 5:45pm-Cardio Kickboxing 6:30pm-ReggaeTone 7:30pm-Shred & Burn Boot Camp FREE WEEK	4 5:45pm-Step & Sculpt 6:30pm-Kanoo Jump Boot Camp 7:30pm- Healing Meditation FREE WEEK	5 5:45pm- Circuit Training Boot Camp 6:30pm-MixxedFit 7:30pm- Shred & Abs FREE WEEK	6 7:00pm- Line Dancing	7 8:30am- Rise & Grind Boot Camp 9:30am- Zumba Gold 10:30am-Cardio Abs FREE WEEK
8	9 5:45pm- Yoga 6:30pm-Body Works Boot Camp 7:30pm- Kangoo Jump Dance	10 5:45pm-Cardio Kickboxing 6:30pm-ReggaeTone 7:30pm-Shred & Burn Boot Camp	11 5:45pm-Step & Sculpt 6:30pm-Kanoo Jump Boot Camp 7:30pm- Healing Meditation	12 5:45pm- Circuit Training Boot Camp 6:30pm-MixxedFit 7:30pm- Shred & Abs	13 7:00pm- Adult Hip Hop	14 8:30am- Rise & Grind Boot Camp 9:30am- Zumba Gold 10:30am-Cardio Abs
15	16 5:45pm- Yoga 6:30pm-Body Works Boot Camp 7:30pm- Kangoo Jump Dance	17 5:45pm-Cardio Kickboxing 6:30pm-ReggaeTone 7:30pm-Shred & Burn Boot Camp	18 5:45pm-Step & Sculpt 6:30pm-Kanoo Jump Boot Camp 7:30pm- Healing Meditation	19 5:45pm- Circuit Training Boot Camp 6:30pm-MixxedFit 7:30pm- Shred & Abs	20 7:00pm- Line dancing	21 8:30am- Rise & Grind Boot Camp 9:30am- Zumba Gold 10:30am-Cardio Abs
22	23 5:45pm- Yoga 6:30pm-Body Works Boot Camp 7:30pm- Kangoo Jump Dance	24 5:45pm-Cardio Kickboxing 6:30pm-ReggaeTone 7:30pm-Shred & Burn Boot Camp	25 5:45pm-Step & Sculpt 6:30pm-Kanoo Jump Boot Camp 7:30pm- Healing Meditation	26 5:45pm- Circuit Training Boot Camp 6:30pm-MixxedFit 7:30pm- Shred & Abs	27 7:00pm- Cranked Up Cardio	28 8:30am- Rise & Grind Boot Camp 9:30am- Zumba Gold 10:30am-Cardio Abs
29	30 5:45pm- Yoga 6:30pm-Body Works Boot Camp 7:30pm- Kangoo Jump Dance	31 5:45pm-Cardio Kickboxing 6:30pm-ReggaeTone 7:30pm-Shred & Burn Boot Camp	NEW RATES: \$65- Unlimited 30 day class pass (Month to month) \$50- Membership (Unlimited classes for one year) \$10- Drop in rate			